# KBOCC Student Orientation Fall 2021

# INSTRUCTIONS

### HERE ARE A FEW TIPS TO GET STARTED!

- For most students, it will take less than 60 minutes to complete the sections within this orientation. That's a small investment of time that will pay big rewards while you're at KBOCC!
- If you need a break, you may leave the orientation at any time
- Turn your speakers on to hear video and audio features.
- Good luck and remember: the more you know about the resources and programs available at KBOCC, the better your chances are for success!

# WELCOME

## THERE ARE 4 REASON WHY KBOCC CREATED THIS STUDENT ORIENTATION

- 1. To introduce you to KBOCC
- 2. To teach you about important support services that will help you succeed
- 3. To help you better understand policies and procedures
- 4. To give you some tips inside and outside the classroom

# WHO ARE WE?

FORMED OUT OF OUR AMERICAN INDIAN IDENTITY, THE MISSION OF KEWEENAW BAY OJIBWA COMMUNITY COLLEGE IS TO PROVIDE POST-SECONDARY EDUCATION RICH IN OJIBWA CULTURE, TRADITION AND BELIEFS THAT SUPPORT LIFE-LONG LEARNING

- KBOCC is accredited by the <u>Higher Learning Commission</u>.
- KBOCC offers Associate of Arts, Science, and Applied Science degrees.
- KBOCC is a member of the <u>American Indian Higher Education Consortium</u> (AIHEC), which is a community of tribally and federally chartered institutions. KBOCC was created in response to the higher education needs of American Indians. KBOCC generally serves geographically isolated populations that have no other means accessing education beyond the high school level.

## PROGRAMS OVERVIEW

- KBOCC offers transfer degree programs that prepare students to transfer to four-year institutions, certificate programs and career technical education that prepares students for immediate entry into the work force.
- Refer to the <u>list of programs</u> and <u>certificates</u> and you'll see that KBOCC offers something for everyone.



# **COLLEGE CATALOG**

Serving as a comprehensive collection of information, the <u>college catalog</u> is a vital reference tool for a number of reasons.

#### **Course Descriptions**

**First**, it contains a detailed description of every course offered at KBOCC.

#### **Course Credit**

**Second**, for every class offered, the catalog notes if course credit can be applied toward an associate degree.

Keweenaw Bay Ojibwa Community College





# THE ADMISSIONS OFFICE

Welcome to Keweenaw Bay Ojibwa Community College's Admissions Office.

I am your Admissions Officer, Betti. I am available Mon – Fri 8 – 4:30 p.m.

My door is always open. Applying & getting enrolled at KBOCCC has never been easier.

#### **FALL 2021 IMPORTANT DATES & DEADLINES**

Sept. 2, 2021

New Student Orientation—all new students are required to attend this New Student Orientation VIRTUAL ONLINE

Sept. 7, 2021

Fall 2021 semester begins

Sept. 13, 2021

♦ Last day to add a course and last day to drop a course (s) for 100% tuition refund

Sept. 24, 2021

Native American Day: No Classes; College is closed

Nov. 25, 2021

Thanksgiving recess begins, no classes

Nov. 29, 2021

Classes Resume

Dec. 10, 2021

\*Last day to withdraw with a W grade

Dec. 17, 2021—Last Day of Fall 2021 semester

Keweenaw Bay Ojibwa Community College



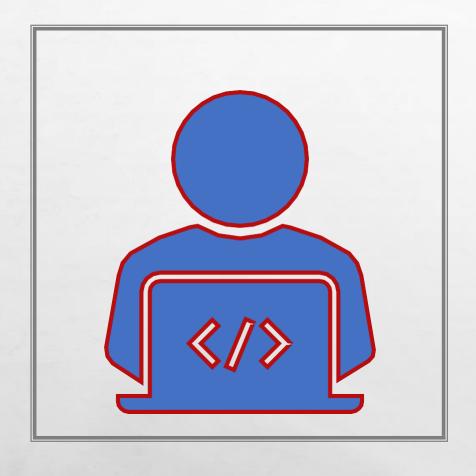
Catch Your Dream Through a Superior Education

## **ADMISSIONS**

- The goal of the admissions process is to get your educational journey started in the right direction.
- If you're taking this orientation, then you have already completed the first step by completing the free application. (If you're taking this orientation as a guest or prospective student, you can apply online at the <a href="KBOCC website">KBOCC website</a>.)

### Let's work together

- The staff at KBOCC is here to help you plan your path and help you make steady progress toward your educational goals.
- **But remember**, you're ultimately responsible for your academic success. No one's going to schedule your placement test or submit your financial aid application for you. If you want to succeed in college, you've got to take the initiative!



# YOUR KBOCC EMAIL

#### **ACTIVATE YOUR NEW EMAIL ACCOUNT TODAY!**

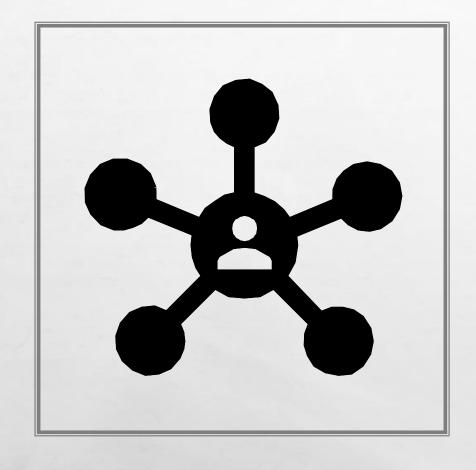
Because your instructors and campus departments – like financial aid and

billing – only communicate through your official KBOCC.edu email account.

# IT'S EXTREMELY IMPORTANT TO ACTIVATE YOUR ACCOUNT – AND CHECK IT REGULARLY!

#### WHEN? NOW!

As soon as you have received your admissions confirmation to KBOCC, you should set up your outlook email account.



## **KBOCC STUDENT PORTAL**

The KBOCC Student Portal is your online gateway to a variety of self-service tools. Log in with your student ID and password to access:

- Course materials and academic history
- Account balances
- Career services and library resources
- View academic calendar
- Financial aid information
- Campus closure alerts

FOR DETAILED TUTORIAL ON KBOCC'S STUDENT PORTAL CLICK HERE!

# Technical/Computer Assistance

REMC1 provides IT support for KBOCC. The following link is the main page of the REMC1 SupportNet website which outlines ALL the methods you can use to reach a support representative quickly and have your issue resolved in a timely manner:

(<a href="https://confluence.remc1.net/display/PS/How+to+use+Supp">https://confluence.remc1.net/display/PS/How+to+use+Supp</a> ortnet)

- support@remc1.net (to submit a web ticket submission via email)
- <a href="http://Support.remc1.net">http://Support.remc1.net</a> (for a Live Support chat session)

# **ACADEMIC PLACEMENT TESTS**

All new students must take placement tests that measure three academic areas: **reading comprehension**, **sentence skills**, **and math**. These tests will determine in which level of math, reading or english you can enroll. The purpose is to place you into the correct level of courses so that you can learn the skills you need to be successful in all your future coursework.

#### **STUDY FIRST!**

Accuplacer offers a <u>study app</u> to help you prepare for the tests. You should download and use the app to improve your performance on the tests. Remember, the better you do on your assessment test, the fewer classes you may have <u>to take!</u>

#### WHERE AND WHEN?

Academic placement tests can be taken in the student success center or online. When you are ready to take your test, schedule with the tutor and remember: a valid ID card is required to take the assessment tests.

# **ADVISING**

Our advisors are professional, credentialed faculty who help students make effective, successful progress in their academic programs.

IN ADDITION TO HELPING YOU CREATE AN ACADEMIC PLAN THAT MEETS YOUR SPECIFIC NEEDS AND GOALS, ADVISORS ARE ALSO AVAILABLE FOR:

**Career Planning** 

Course Selection Advice

Placement Test Score Evaluation

**Student Program Information** 

Transfer Or Graduation Advising

And Many Other Questions Or Concerns You Have

# **KBOCC DEPARTMENT CHAIRS**

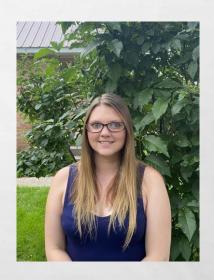
Anishinaabe Studies – Denise Cadeau
Business Administration – Megan Haataja
Early Childhood Education –
Christine Awonohopay
Environmental Science – Dr. Andrew Kozich
Liberal Studies – Tashina Emery
General Education/STEM – Karen Colbert
Nursing Emphasis – Paula Roth
Non-Degree students – Beth Virtanen, Ph. D

## REGISTRATION

 REGISTRATION IS THE PROCESS OF BECOMING OFFICIALLY ENROLLED IN KBOCC. YOU CAN REGISTER, ADD AND/OR DROP COURSES WITH YOUR ACADEMIC ADVISOR OR ONLINE

#### **IMPORTANT DEADLINES**

- ADD DEADLINES ARE POSTED EACH SEMESTER IN THE <u>SCHEDULE OF</u>
   <u>CLASSES</u>. IF YOU FAIL TO REGISTER PRIOR TO THESE DEADLINES, YOU
   WILL NOT BE ABLE TO ATTEND CLASSES OR RECEIVE CREDIT.
- DROP DEADLINES ARE LISTED ON YOUR SCHEDULE AND ACCOUNT INFORMATION PAGE,
   WHICH YOU CAN FIND BY LOGGING INTO YOUR PERSONALACCOUNT



Michelle Bianco
Bursar/Registrar
Contact:
mbianco@kbocc.edu

## Dropping courses & Refund Policy

#### **DROPPING COURSES**

Registered students may drop courses through the end of the first week of the semester without a transcript notation by completing a drop/add form with instructor's and advisor's signatures and submitting it to the enrollment office.

#### **REFUND POLICY**

Tuition and fees will not be refunded for schedule changes following the drop/add period. This may be appealed in exceptional circumstances such as medical emergencies. If a class is cancelled, students will receive a full refund for that class.

# **TUITION AND FEES**

TUITION AND FEES WILL BE ASSESSED ON THE NUMBER OF CREDITS FOR WHICH THE STUDENT IS ENROLLED AT THE END OF THE DROP/ADD PERIOD. THERE WILL BE NO TUITION REDUCTION FOR COURSES DROPPED AFTER THAT DATE.



# THE FINANCIAL AID OFFICE



# I AM DALENE CHOSA



#### Financial Aid Director

KBOCC'S Financial Aid Office goal is to assist students in achieving their educational goals by providing professional assistance and valuable financial aid resources.

financialaid@kbocc.Edu

906-524-8109

Financial aid office is dedicated to helping students navigate the financial aid process and advising students of other available financial resources to ensure appropriate funding.

## You HAVE to Apply!

# **Five Step Plan**

THE START - All students incoming every semester should always start with the plan.

The financial aid process can sometimes seem overwhelming, especially to those who have never been through it. Here's some information. On this process to help you know what to expect.



# 1. FAFSA

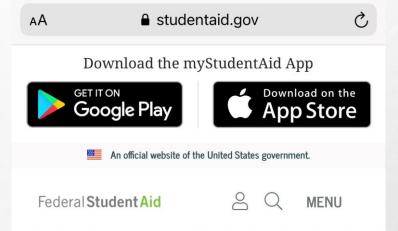
**FREE** APPLICATION FOR

FEDERAL STUDENT

AID <u>WWW.FAFSA.ED.GOV</u>

MyStudentAid App now available on

Google Play or the Apple Store



### Complete the FAFSA® Form

Use the Free Application for Federal Student Aid (FAFSA®) form to apply for financial aid for college or graduate school.

#### New to the FAFSA® Process?

Completing the FAFSA form is free. Fill it out now.

**Start Here** 

cÎn .

## TYPES FEDERAL STUDENT AID

This annual application determines your eligibility for:

## **FSEOG**

FSEOG IS AWARDED TO
UNDERGRADUATE
STUDENTS WITH
EXCEPTIONAL FINANCIAL
NEED.

## PELL

PELL IS DESIGNED TO
HELP NEEDY
UNDERGRADUATE
STUDENTS PAY FOR
THEIR EDUCATIONAL
COSTS.

## WORKSTUDY

A PART-TIME JOB THAT HELPS YOU EARN MONEY TO PAY FOR YOUR EDUCATION.

## TRIBAL COLLEGE FAFSA FACE-OFF!









#### FAFSA COMPLETION EVENT SEP 16TH 12-1PM & 5-6PM

Do you have questions about FAFSA? Get all of your FAFSA questions answered at these events where we will walk you through filling out your 2021–2022 FAFSA from start to finish!

Now is the perfect time to start filling out the 2021-22 FAFSA application, you can fill out this free application at any point, but for anyone having trouble or questions please come join KBOCC for the first ever Tribal College FAFSA Face-Off event, where we will compete with Saginaw Chippewa Tribal College and Bay Mills Community College to determine which Tribal College can get the most FAFSA applications completed! The Financial Aid Directors and the KBOCC Completion Coaches at each school will assist you through the application process and answer any questions you may have.

We have scheduled two different set of times to accommodate all busy schedules, both events will take place on this day. Please attend one! Sign up for which time works best for you with Summer Madrid, email <a href="mailto:smadrid@kbocc.edu">smadrid@kbocc.edu</a> or call (616) 805-9007.



# 2. Your Tribal Education Office

Apply at **your** Tribal Education
Office

## Your Tribal Education Office

If you are a KBIC enrolled Tribal, they offer:

## Bureau of Indian Affairs Grant Program

Native American students who are enrolled members may receive aid from the Bureau of Indian Affairs. To be considered for this grant students must contact their Tribal Education Office for a BIA Scholarship Application and to learn about other specific eligibility requirements.

## Sovereign Fund

As determined by the Keweenaw Bay Indian Community (KBIC) Education Director, eligible KBIC members are considered for funding to help with the cost of books and supplies. Amounts vary based on course enrollment status as determined by KBIC.

### MITW

Michigan Indian Tuition
Waiver MITW - Free
Tuition for enrolled Tribal
Members residing in
Michigan, fill out once for
the year.

Contact Liz Julio ljulio@kbic-nsn.gov from more Information, full descriptions and applications are on the Portal as well.



# 3. AMERICAN INDIAN COLLEGE FUND

WWW.COLLEGEFUND.ORG

# AMERICAN INDIAN COLLEGE FUND

## TCU SCHOLARSHIP

Any KBOCC students who maintain 2.0 gpas may be eligible for fall and spring semester scholarships. Recipients and award amounts will be chosen based on financial need and individual scholarship requirements. *Deadlines will be posted each semester*.

## **FULL CIRCLE SCHOLARSHIP**

Native students and descendants can be considered for special scholarships as determined by the American Indian College Fund. Each scholarship has different requirements based on GPA, essay, and need. All students are encouraged to apply for the upcoming year; the annual deadline for applying is May 31st.

## Student of the year

\$1,200 scholarship, more information coming within the week!

**APPLY RIGHT NOW <u>www.collegefund.org/students/scholarships/</u>#** 



# 4. KBOCC SCHOLARSHIPS

Click to add text

HTTPS://WWW.KBOCC.EDU/STUDENTS/FINANCIAL-AID/SCHOLARSHIPS/

Scholarship form is now open, the deadline is Thursday, September 16th, 2021 by the end of the day!

# KBOCC Scholarships

NEW\*KBOCC Family Scholarship

KBOCC is now offering one free class to all KBIC tribal members, tribal descendants, and children of KBOCC or KBIC employees. Student's not eligible for other means of funding to cover their institutional costs are eligible for this scholarship.

## NEW\*Belote Family Scholarship for American Indian Women

Women of various cultural and ethnic backgrounds often face great obstacles to the fulfillment of their educational aspirations. This scholarship was established to help these worthy students gain knowledge and wisdom which they will use, in turn, to help others.

## For any and all outstanding students:

#### Elder Scholarship

Students ages 62 or older who are not eligible for other sources of financial aid can be eligible for a tuition scholarship through KBOCC for one course per semester. To be eligible for this scholarship, students should submit an Elder Financial Aid Application and provide proof of age.

#### Spirit of Sovereignty Scholarship

Established by the Native American Indian Gaming Association (NIGA) as an avenue to give back to tribal communities.

# KBOCC Scholarships

#### Timothy W. Shanahan Memorial Scholarship

The Timothy W. Shanahan Memorial Scholarship was created in memory of a dear friend who dedicated sixteen years of service as Chairman of the Board of Regents for KBOCC. One student will be awarded for this competition-based scholarship in recognition of the creative, outstanding, and positive impact on the community and commitment to excellence.

#### Hemlock Scholarship

This scholarship is need-based aimed for Environmental Science Major, for more information contact Environmental Science Department Chair, Dr. Andrew Kozich.



# 5. Free Tuition Waivers

## 1. Michigan Indian Tuition Waiver

The Michigan Indian
Tuition Waiver is a
program enacted by
Public Act 174 of 1976,
which waives the tuition
costs for eligible Native
Americans in public
community colleges or
universities within
Michigan.

#### 2. Frontliners for Future

Futures for Frontliners is a scholarship program that pays for you to attend your local community college tuition-free

## 3. Tuition Incentive Program (TIP)

The Tuition Incentive Program (TIP) encourages eligible Medicaid recipients to complete high school by providing tuition assistance during an eligible student's qualifying certificate or associate degree program and also during the student's bachelor's degree program.

## RECAP



Keweenaw Bay Ojibwa Community College

## APPLY FOR FINANCIAL AID!

#### Money for College

Financial aid is money to help pay for college. But, remember, you have to apply for it! Below is your to do list:



#### Free Application for Federal **Student Aid**

#### www.fafsa.ed.gov

This annual application determines your eligibility for:

- Federal Supplemental Education Opportunity Grant - FSEOG exceptional financial need
- · Pell Grant financial need
- · Work Study a job that helps you earn money to pay for your education

#### **Your Tribal Education Office**

Apply at your Tribal Education Office

- BIA Grant
- · Incentive Programs Sovereign Funds, Pandemic Funds



#### **American Indian College Fund**

#### www.collegefund.org

You may be eligible for both:

- Tribal College & University TCU Scholarship Program - for ALL KBOCC Student - available at the beginning of every semester - Two part
- Full Circle Scholarship Program annual deadline is May 31st - must be Tribal enrolled
- · Student of the Year one outstanding student
- · See their outside Scholarships list!



#### **KBOCC Scholarships**

Specific for KBIC Members

- KBOCC Family Schoalrship
- Specific for any Tribal Member
- · Spirit of Sovereignty Scholarship
- · Belote Family Scholarship
- Specific to All Students
- AICF TCU Scholarship
- · Timothy W. Shanahan Memorial Scholarship
- Elder Scholarship
- · Hemlock Scholarship



#### **FREE Tuition Waivers**

#### \*NEW

FREE tuition programs KBOCC offers:

- Michigan Indian Tuition Waiver MITW Free Tuition for enrolled Tribal Members residing in Michigan
- Tuition Incentive Program TIP Free Tuition awarded by State of Michigan - For a student in need based on the FAFSA
- Michigan Reconnect Free tuition by State of Michigan for anyone 25 years and older.

Browse our website to check out our work study and full descriptions on all scholarship opportunities! www.kbocc.edu

#### Get in touch:

Financial Aid Office 770 N Main St. Office 301 L'Anse, MI 49946





## **FA Workshop**

Financial Aid Workshops to apply for all scholarships together! We will also go through work-study positions.

Make sure to have your tax document for 2019, License/ID, and class list.

If you are under 18 have a parent or guardian, come.

- Online via Zoom Monday, September 13th at 1 PM
- Online via Zoom Tuesday, September 14th at 5:30 PM

Join the Financial Aid Workshop Via Zoom: <a href="https://us02web.zoom.us/j/6026861730?pwd=5">https://us02web.zoom.us/j/6026861730?pwd=5</a>
<a href="https://us02web.zoom.us/j/6026861730?pwd=5">GFkaXBNNGFkSXQ3NFMrNk1GRDhWUT09</a>

Meeting ID: 602 686 1730

Passcode: SGQ9QM



## FINANCIAL AID FALL 21 WORKSHOPS

Mark your calendars!

You're invited to the Financial Aid Fall 2021 Workshop; we will go over and answer all your current Financial Aid Questions and apply for the new scholarships together! All new students, returning students should attend one of the sessions!

MONDAY, SEPTEMBER 13TH AT 1PM

Join Zoom Meeting

https://us02web.zoom.us/j/60 26861730? pwd=SGFkaXBNNGFkSXQ3NF MrNk1GRDhWUT09

Meeting ID: 602 686 1730 Passcode: SGQ9QM TUESDAY, SEPTEMBER 14TH AT 5:30PM

Join Zoom Meeting

https://us02web.zoom.us/j/60 26861730? pwd=SGFkaXBNNGFkSXQ3NF MrNk1GRDhWUT09

Meeting ID: 602 686 1730 Passcode: SGQ9QM

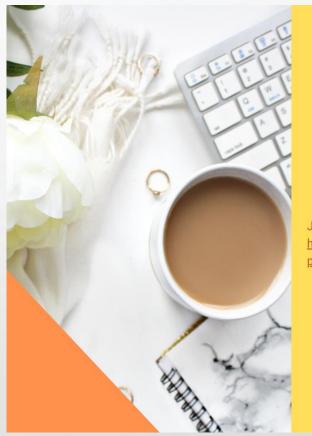
If you have any questions or would like to schedule an in person or online meeting email financialaid@kbocc.edu or call (906) 524-8109. Visit the Online Financial Aid Office visit my.kbocc.edu/ICS/Financial\_Aid/

### **Weekly Office Hours**

| Monday    | 8 a.m - 3:00 p.m |
|-----------|------------------|
| Tuesday   | 8 a.m - 4:30 p.m |
| Wednesday | 8 a.m - 3:00 p.m |
| Thursday  | 8 a.m - 4:30 p.m |
| Friday    | 8 a.m - 4:30 p.m |

Every Wednesday at 10AM, I will hangout on Zoom, "walk" in anytime and we can chat about anything Financial Aid.

•https://us02web.zoom.us/j/6026861730?pwd=SGFkaXBNNGFkSXQ3NFMrNk1GRDhWUT09





WEEKLY WEDNESDAY OFFICE HOURS VIA ZOOM

10AM - 11AM

Join Zoom Meeting <a href="https://us02web.zoom.us/j/6026861730?">https://us02web.zoom.us/j/6026861730?</a> pwd=SGFkaXBNNGFkSXQ3NFMrNk1GRDhWUT09

FINANCIAL AID
OFFICE



# STUDENT SUCCESS SERVICES



### LIBRARY



#### TO SUPPORT OUR STUDENTS, STAFF AND FACULTY, THE KBOCC LIBRARY OFFERS YOU:

- Access to books, print periodicals, DVDs, and audio recordings **including** curbside services!
- 24/7 electronic resources, including full-text journal articles, e-books on many subjects, test preparation and subject help, and vocational topics.
- Staff and materials that can help you improve your grades and get the answers you need!

#### Library offers a free Career Readiness Center

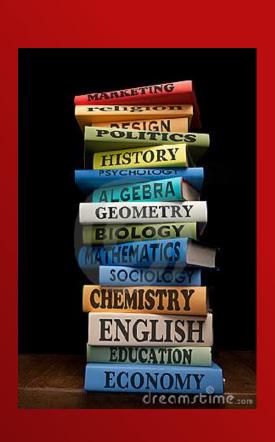
- Full-service Career Readiness Center in person and online.
  - Practice job interviews
  - Resumes
  - Cover letters
  - Career search strategies



#### ONLINE ACCESS TO THE LIBRARY



- The library's powerful website gives you immediate access to the entire library database and features several different search options.
- For hours, policies and more information about the library
  - refer to the **KBOCC Library Website** on the KBOCC portal
  - Or email Librarian Joe Bouchard at <a href="mailto:jbouchard@kbocc.edu">jbouchard@kbocc.edu</a>



### **Bookstore**

TO SUPPORT OUR STUDENTS AND FACULTY, THE KBOCC BOOKSTORE OFFERS YOU:

Your Course books for the Fall2021 Semester – including curbside service!

Email Bookstore Admin./Coordinator, Mary Kaye, bookstore@kbocc.edu, to place your Fall Semester list of course books order and they will be ready for pick up! Or better yet, call 524-8118 to speak with Mary Kaye.

Or you can come to the bookstore! Only 1 student will be allowed in at a time during the pandemic at this time.

Bookstore Hours: 8:30 a.m.— 4 p.m. Monday through Friday! (extended hours during the first week )



# STUDENT SUCCESS CENTER

- Tutoring is available to assist students needing specific academic supports.
- Academic success coaching is an exploration and discovery process that enables students to see themselves from a fresh perspective. Just like a coach in any sport, the academic coach's goal is to help students perform to the best of their abilities; developing the knowledge and skills necessary for college success.
- For free drop-in or scheduled appointments please visit KBOCC student services or contact Jen Powell, <a href="mailto:tutoring@kbocc.edu">tutoring@kbocc.edu</a>, room 103E, or library staff for help with all your academic needs.

Click <a href="here">here</a> for more information on the Student Success Center!

### **COLLEGE COMPLETION COACHING**



Hi! My name is Summer Madrid, and I am the school's College Completion Coach. Meet with me to talk about your college journey and to make a success plan!

Stop by my office (104E) in the Student Services hall to discuss your Success Plan or to talk about any problems or questions you may have, like how to qualify for the laptop incentive program.

You can also reach me by email (smadrid@kbocc.edu), by calling or texting 616-805-9007, or by messaging KBOCC Student Success on Facebook.

### **COLLEGE COMPLETION COACHING**

College Completion Coaching is for everyone! KBOCC knows that your success as a student and in your future career is important. Whether you're doing great or you're struggling, I have something for everyone.

I am also here to help guide you through any problems that you may be having that could prevent you from getting your certificate or degree. Whether you're having issues with a class or it's an issue outside of school that's preventing you from succeeding, come to me and I can help you make a plan and connect you to the right resources!

There are a lot of things I can assist you with, such as:

- Making a success plan
- Exploring career paths
- Figuring out how to break down your goals into easy steps
- Personal development workshops
- Referrals to our mental health counselor, Terry Lerma
- Help with an emergency financial aid application
- Connecting you to resources for any other problem that could be preventing you from succeeding in school that you are not sure where to turn to

# COLLEGE COMPLETION CLUB!

Join other students to support each other in your pursuit of higher education and attend workshops to learn skills that will help you succeed.

I have a number of planned workshops in store, but we will also have many opportunities to discuss topics that students in the club are interested in.

This is a fun club where you can get the support you need during your college journey, learn valuable skills along the way, and hang out with other students who are dedicated to earning their degree/certificate!

#### **Student Organizations**

AISES (American Indian Science Engineering Society)—

Andrew Kozich

AIBL (American Indian Business Leaders)— Megan Haataja

Student Government —

Amanda Nordstrom & Denise Cadeau

**College Completion Club** 

Summer Madrid

Get Involved – Join a Group!

# CODE OF CONDUCT

KBOCC integrates traditional Ojibwa values into all its programs.

The student code of conduct finds its foundation in the seven sacred grandfather teachings which include the following:

**WISDOM** 

**LOVE** 

RESPECT

**BRAVERY** 

**HONESTY** 

**HUMILITY** 

**TRUTH** 

The student code of conduct exists to help KBOCC maintain a safe and positive environment conducive to learning and to help promote student growth. Students are expected to behave in a manner that demonstrates behavior consistent with these teachings in all interactions with the college and broader communities.

### **FERPA**

- As a new student, there's something important you should know about academic records and privacy rights: KBOCC can only give information about your student record directly to you.
- Because the privacy of your educational records is important to KBOCC, we adhere to the federal privacy regulations detailed in the Family Educational Rights and Privacy Act (FERPA).

#### **THE BOTTOM LINE:**

KBOCC WILL NOT GIVE INFORMATION TO YOUR PARENTS, SIBLINGS, SPOUSE, OR ANYONE ELSE.

# DIRECTORY INFORMATION

## WITHOUT SIGNED CONSENT FROM YOU, KBOCC WILL ONLY RELEASE DIRECTORY INFORMATION ON YOUR BEHALF. DIRECTORY INFORMATION IS DEFINED AS:

- Your Name
- Your Major Field Of Study
- Your Participation In Officially Recognized Activities And Sports
- Dates Of Attendance
- Degrees And Awards Received
- And The Number Of Units You Are Enrolled In

YOU CAN ALWAYS CHOOSE TO RESTRICT THE RELEASE OF YOUR DIRECTORY INFORMATION, BUT IT IS IMPORTANT TO REMEMBER THAT WE WON'T BE ABLE TO VERIFY THIS INFORMATION FOR FUTURE EMPLOYERS, SCHOOLS, OR PROFESSIONAL ORGANIZATIONS WITHOUT YOUR SIGNED CONSENT.

# ANNUAL SECURITY REPORT:

**CAMPUS SAFETY TIPS** 

- This report will be distributed to employees and students via KBOCC issued email by October 1 of each year.
- Records of distribution dates will be maintained by KBOCC.
- The report will also be posted on the KBOCC website, at the Niiwin Akeaa Center, KBOCC Library, and Student Lounge at the Wabanung campus.
- This is the reporting of crime statistics for the campus. It also contains safety and security policies. **(CLICK HERE FOR FOR LATEST REPORT)**

#### DRUG & ALCOHOL ABUSE PREVENTION POLICY

Keweenaw Bay Ojibwa Community College has a zero-tolerance policy and is committed to providing a Safe learning and working environment and complies with the drug free schools and communities act of 1989 (DFSCA) as written in part 86 of the education department general administrative regulations (EDGAR) and with the drug-free workplace act.

CLICK HERE TO VIEW THE ENTIRE DAAP POLICY

## EHOTONAL WELL-BEING

- IN THE NEXT SLIDES, I WILL DISCUSS THE EFFECTS OF STUDENTS STRESS.
- ALSO STEPS TO TAKE TO REMAIN HEALTHY.
- RESOURCES THAT ARE AVAILABLE TO ASSIST.

### **EXCESSIVE ALCOHOL CONSUMPTION**

#### WHAT IS EXCESSIVE ALCOHOL CONSUMPTION?

- 4 OR MORE DRINKS CONSUMED ON ONE OCCASION FOR WOMEN •
- 5 OR MORE DRINKS CONSUMED ON ONE OCCASION FOR MEN HEAVY DRINKING:
- 8 OR MORE DRINKS PER WEEK FOR WOMEN
- 15 OR MORE DRINKS PER WEEK FOR MEN

SACKS JJ, GONZALES KR, BOUCHERY EE, TOMEDI LE, BREWER RD. 2010 NATIONAL AND STATE COSTS OF EXCESSIVE ALCOHOL CONSUMPTION. AM J PREV MED 2015; 49(5):E73–E79.

CENTERS FOR DISEASE CONTROL AND PREVENTION. 2017. ALCOHOL AND PUBLIC HEALTH: FREQUENTLY ASKED QUESTIONS. RETRIEVED FROM: HTTPS://

#### WHAT IS DEPRESSION?

- Q. What causes depression?
- A. Depression does not have a single cause. Several factors can lead to depression. Some people carry genes that increase their risk of depression. But not all people with depression have these genes, and not all people with these genes have depression.
  - A. Environment—your surroundings and life experiences, such as stress, also affects your risk for depression. Stresses of college may include: Feeling alone or isolated, experiencing conflict in relationships, facing new and sometimes difficult schoolwork, or worrying about finances.
- Q. How can I find out if I have depression?
- A. The first step is to talk with a doctor or mental health care provider.

30 percent of college students reported feeling "so depressed that it was difficult to function"

### Signs and symptoms of depression

- · Sad
- Anxious
- Empty
- Hopeless
- Guilty
- Worthless
- Helpless
- Irritable
- Restless

#### Take care of you.

Eat, sleep and be active. We don't often think about how important these basic activities are for our mental health – but

they are critical.

#### Check In and get checkups.

We get check-ups for our physical health. We see our dentist to take care of our teeth. We even take our cars in for tune-ups. It's time to take responsibility and get check-ups for our emotional well-being. Talk with your doctor, a counselor, a faith based leader...and your family and friends to make sure you – and those you love – are doing well emotionally.

#### Engage and connect wisely.

Pay attention to your relationships. We can't be healthy if our relationships are not.

#### Relax.

Learn ways to reduce the stress that we all face – and practice what works for you: meditate, run, knit, dance, sing, write, love.....

# TITLEIX

Title IX is a federal civil rights law passed as part of the Education Amendments of 1972. This law protects people from discrimination based on sex in education programs or activities that receive Federal financial assistance. Title IX states that:

"No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance."

For more information regarding Title IX click <u>here</u>

### FINAL CERTIFICATION

CLICK ON THE LINK HERE
TO CERTIFY COMPLETING STUDENT
FALL ORIENTATION 2021!